

## **BIOS**

**Frank Caro** is a sociologist who is a professor emeritus of Gerontology at UMass Boston and the former director of the Gerontology Institute at UMass Boston. He is a founder of the Brookline Community Aging Network and serves as co-chair of the Steering Committee. Frank is a long-term Town Meeting member and former Advisory committee member.

## **AMY**

### **James C. Coughlin** **CEO, Northbridge Companies**

Jim Coughlin brings 20 years of experience in the senior housing business to his role as Founder and Chief Executive Officer with The Northbridge Companies. Previously, Jim served as a partner and senior executive with a prominent New England based senior housing company. His focus was on the financing and structuring of new development projects and acquisitions of existing assets which resulted in a 27 asset senior housing portfolio. As CEO of Northbridge, Jim has facilitated the financing, development, acquisition, disposition and recapitalization of over \$180 million in assets. Under Jim's direction, the company currently owns and manages 8 facilities with a total of 739 units plus another 299 units under development in 4 facilities. Jim is an active member of NIC, and a sought after speaker on the industry.

**Dorothy Kelly Gay** is Vice President of Government Relations at Hebrew SeniorLife. She is responsible for assisting HSL with legislative affairs and public policy at the local, state and federal levels. Dorothy represents the organization in the community on legislative, other policy issues and by advocating for senior health-care policies.

A former mayor of Somerville, Ms. Kelly Gay has served as Director of Senior Supportive Housing for Hebrew SeniorLife from 2003 to the present. In addition to her career as a public servant, Dorothy Kelly Gay has been a full-time working Registered Nurse and healthcare administrator for decades. She is the former Administrative Coordinator of Nursing at Hebrew Rehabilitation Center: a position she held for seventeen years until she was elected Mayor.

### **JAMES F. SEAGLE, JR.** **PRESIDENT, ROGERSON COMMUNITIES**

**James F. Seagle, Jr.** joined Rogerson Communities in 1973 and initiated Rogerson's

transition from a single rest home for older men to the multidimensional organization it is today. Its scope includes management of 19 communities and four adult day programs that serve more than 1,500 families; real estate development; consulting assignments; advocacy and education; and fund raising, both with foundations and individuals.

Mr. Seagle is a recognized leader in the field of housing and services for elders. A past president of Leading Age Massachusetts, he has been a delegate to LeadingAge (formerly the American Association of Homes and Services for the Aging in Washington DC). Mr. Seagle worked closely with the Executive Office of Elder Affairs to draft assisted living legislation, and he created an industry task force to increase Medicaid reimbursement for dementia day care. He frequently lectures at state and national forums.

As an innovator, Mr. Seagle refined the service coordinator model for independent housing; established the area's first adult day health program; and worked with the Robert Wood Johnson Foundation to develop a dementia day care model. In addition, he created the Boston Alzheimer's Center (now Rogerson House), which offers a full program that serves families with assisted living, a day center, respite care, education and support. Mr. Seagle was an early initiator of fitness programs for frail elders and created the first apartment housing model for persons disabled by HIV. He continues to support and participate in a number of nonprofit provider alliances.

A graduate of Denison University, Mr. Seagle also earned a certificate in nursing home administration from Babson College and is licensed in Mass

## John C. Dawley President and Chief Executive Officer



MBA, Babson College, 1993  
MS, Real Estate, Massachusetts Institute of  
Technology, 1992  
Bachelor of Arts, Hobart College, 1984

Mr. Dawley joined Northland in 1985 and served the company in many capacities in his tenure, including Director of Acquisitions and Development and Chief Operating Officer.

He ascended to the position of President and Chief Executive Officer in 2010, where he is principally responsible for overall management of the firm.

Mr. Dawley is a graduate of Hobart College and also holds a Masters of Science in Real Estate from the Massachusetts Institute of Technology and a Masters of Business Administration from Babson College.

**Ruthann Dobek** is the Executive Director of the Brookline Council on Aging. She received her MSW from Boston University in 1983 with the Louis Lowy certificate in gerontology. Her undergraduate work was at Clark University with a specialty in Aging from UMASS Medical School.

She has worked at the Brookline Council on Aging for the last thirty years where she has held four different positions. She was appointed Executive Director in January 2002.

Under her creative leadership, the Council on Aging has developed several innovative services that are models for aging with dignity and independence including homecare, employment, diversity and intergenerational programs for elders. She is a passionate advocate for seniors and their families.

Ms. Dobek was the prime force behind Project Senior Center. She was responsible from the beginning defining the need for a center, guiding it through an arduous political process, securing millions of dollars in funding and developing the many programs that exist at the Center today.

Ruthann Dobek is the Legislative Chair and board member for the state organization for Senior Center directors- MCOA. She served with distinction for many years as a board member for the Milton Council on Aging and is active with Wheelock College Program of Social Work. Moreover, she is involved in teaching social work students from many social work programs. In 2010, responding to a community need for innovative models of aging in place, Ms. Dobek with Frank Caro began Brookline Community Aging Network (BrooklineCAN.) Frank Caro and Ruthann Dobek continue to co-chair of this volunteer organization.

In May 2001, Boston University School of Social Work alumni association honored her with an award for her outstanding contributions to the field of social work.

In March 2008, NASW awarded her the **Social Worker of the Year Award in Massachusetts**. Nominated by her colleagues, Ms. Dobek was chosen for her devotion to the field of aging, leadership skills and fervent advocacy for her clients.