

FOR IMMEDIATE RELEASE:

New Exhibit, *Group Meditation*, at Gallery 93

Brookline, Massachusetts, December 15, 2017 - Gallery 93 at the Brookline Senior Center is honored to present *Group Meditation*, by artist Shirley Selhub. The exhibit runs from January 3 through February 28, 2018. A reception for the artist will be held on Tuesday, January 9, 4-6 pm. Gallery 93, located at 93 Winchester Street, Brookline, MA, is open from 8:30-5:00, Monday through Friday.

Born in Cleveland, Ohio, Shirley Selhub lived in Cleveland, Jerusalem, and Chicago before moving to Brookline in 1987. After retiring from a career as an administrator, she earned a certificate in gerontology at UMass Boston. She helped establish Discovering What's Next, an all-volunteer program based in the Newton Free Library, to help seniors get the most from retirement. More recently she is helping the town of Brookline to improve transportation options for seniors through the TRIPPS program, is on the Age Friendly Cities Selectman's Committee, and co-produces the Age-Friendly Cities TV shows through the Brookline Interactive Group.

Ms. Selhub works predominantly in watercolor, and has most recently studied with nationally recognized Woburn painter Carolyn Latanisian. The artist states, "I rarely set out to paint what eventually emerges on the paper. Stuff happens along the way with watercolors and suddenly there might appear a shape that I find interesting. These elements of surprise and discovery are what make watercolor painting fun for me."

More information about Shirley Selhub, along with examples of her work, can be found on the artist's website, www.shirley.selhub.com

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