



Nearly eighty organizations, as part of the Massachusetts Coalition for Serious Illness Care (www.maseriouscare.org), are taking tremendous steps to help each of our neighbors and fellow residents live the very best life, at all stages of health and care.

The Coalition's mission is to ensure that everyone in Massachusetts receives health care that honors their goals, values, and preferences.

Engaging in these life-affirming discussions frequently leads to talking about what is most important to you, creating new traditions for you and your loved ones, and making a commitment to celebrating and cherishing the life you live each day.

With a generous grant from the Brookline Community Foundation, community partners in Brookline, coordinated by Center Communities of Brookline, are launching a town-wide initiative over the next few months as part of the Coalition's efforts to keep people at the center of their own health care.

Goal of “The Dialogue Starts Here...HELLO Brookline”:

- Encourage all adults over the age of 18 to choose someone with whom to share health care preferences (designate a health care proxy)
- Support all adults with tools, resources and events to help get this done!

This is important for people at every stage of life

- Accidents/serious illnesses are not typically foreseeable
- Individuals may be unable to do share their wishes themselves because of illness or incapacity

Conversations can be challenging to start – there are tools to help!!

- **“Hello”** is a tool that helps guide participants by making crucial conversations easier, more comfortable ...and even fun.
- See 2 min video: [Common Practice](#)

Brookline Partners include:

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| • Center Communities of Brookline (CCB) | Brookline Senior Center/BCAN |
| • Goddard House | Brookline Public Libraries |
| • Brookline Department of Public Health | Brookline Emergency Responders |