

FROM:



**BROOKLINE COMMUNITY AGING NETWORK
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For immediate release, please

BrooklineCAN (Brookline Community Aging Network) Presents
“The Power of Play,” Spring Member Celebration
at Brookline Senior Center, May 10

BrooklineCAN will present "The Power of Play: Games, Puzzles, and Trivia to Keep Your Brain Young." at its annual Spring Membership Celebration, on Thursday, May 10, at the Brookline Senior Center, 93 Winchester Street, from 5:30-7:30 pm.. The event is free for current BrooklineCAN members. A charge of \$10 for non-members, payable at the door (cash or check), can be applied to membership.

Nancy Linde, author of two books of games, will lead the program, which features games, puzzles, and trivia targeted to one of six cognitive functions: long-term memory, working memory, executive functioning, attention to detail, multitasking, and processing speed.

Under Linde's direction, all attendees will engage with the same game or puzzle at the same time, either in groups or alone. Games and activities are not board games and require neither equipment, nor pencil and paper. Participants may call out answers, ensuring a lively, informative, interactive, and thoroughly enjoyable evening.

Refreshments will be served at tables throughout the room and attendees are free to work with others across the room, as well as with people who happen to sit at the same table. Everyone will have a chance to try all the games and puzzles, not just hear about them.

Nancy Linde's books will be available for sale at Brookline Booksmith.

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Affiliated with the Brookline Senior Center, BrooklineCAN is an all-volunteer organization which enables older residents to remain independent and fully engaged in the life of the community. The organization advocates on behalf of Brookline’s older residents, works with town agencies on behalf of Brookline’s seniors, provides ways for members to contribute to the community, and in general acts to make Brookline an even better place to live for people of all ages.

For additional information about Brookline Community Aging Network and to request a copy of BrooklineCAN’s informative monthly newsletter, visit <http://www.brooklineCAN.org> or call 617-730-2777.

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