

FROM:



**BROOKLINE COMMUNITY AGING NETWORK
(WWW.BROOKLINECAN.ORG)**

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For Immediate Release, Please

**Brookline Community Aging Network (BrooklineCAN)
Presents Author Claire Willis
“Lasting Words: A Guide To Finding Meaning Toward the Close of Life”
Thursday, November 1 at Brookline Senior Center**

Brookline Community Aging Network (BrooklineCAN) presents author and licensed clinical social worker, Claire Willis, discussing “Lasting Words: A Guide To Finding Meaning Toward the Close of Life”. Willis will discuss the importance of leaving a spiritual/ethical legacy to share with the upcoming generation. The event, which is free, takes place at the Brookline Senior Center, 93 Winchester Street, on Thursday, November 1, 5-7:30 pm. Please call 617-730-2770 to register.

How will we be remembered? What wisdom and understanding can we pass on to our family and community? These questions arise as we grow older. Willis suggests we consider preparing a testament that we can share now or leave to be read after we are gone. Following the talk, Willis will lead a writing workshop so attendees can begin the process of creating such a legacy. Her book will be available for purchase so that attendees can continue to work at home.

According to the 2010 census, 24 percent of Brookline’s population -- or 14,182 residents – are over the age of 55. Town residents, between the ages of 55 and 64, have increased by 40 percent since 2000.

Affiliated with the Brookline Senior Center, BrooklineCAN is an all-volunteer organization which enables older residents to remain independent and fully engaged in the life of the community. The organization advocates on behalf of Brookline’s older residents, works with town agencies on behalf of Brookline’s seniors, provides ways for members to contribute to the community, and in general acts to make Brookline an even better place to live for people of all ages.

For additional information about Brookline Community Aging Network and to request a copy of BrooklineCAN’s informative monthly newsletter, visit <http://www.brooklineCAN.org> or call 617-730-2777.

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