

FROM:



BROOKLINE COMMUNITY AGING NETWORK
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For immediate release, please...

BrooklineCAN (Brookline Community Aging Network) Presents
“Family Ties Got You in Knots?”
Tuesday, June 11, Brookline Senior Center

BrooklineCAN (Brookline Community Aging Network) presents "Family Ties Got You in Knots?" a talk by Dr. Ruth Nemzoff, author and speaker on family relationships. Her presentation will take place on Tuesday' June 11, at the Brookline Senior Center, 93 Winchester Street. Refreshments will be served from 5:30-6pm. Talk with discussion from 6:00-7:30pm. This event is free, but registration is required. Please call 617-730-2770 to register

How can we continue to create close relationships with adult children while respecting their independence as we each muddle through various changes in life? How can we facilitate discussions so that our children, nieces and nephews understand our needs and wants? How do we do this over long distances, even when we disapprove of their lifestyles or child rearing practices? How can we discuss financial matters, end of life wishes?"

Dr. Nemzoff, a resident scholar at Brandeis University Women's Studies Research Center, is also the author of "Don't Roll Your Eyes: Making In-Laws into Family". She is a frequent blogger for *The Huffington Post* and *Better After 50*, an online magazine for women over 50.

Dr. Nemzoff has given lectures on emerging adulthood, parenting adult children, empty nest, intermarriage, grandparenting, and family dynamics in intergenerational families in more than 350 venues.

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“Family Ties Got You in Knots?” June 11, Brookline Senior Center

Affiliated with the Brookline Senior Center, BrooklineCAN is an all-volunteer organization which enables older residents to remain independent and fully engaged in the life of the community. The organization advocates on behalf of Brookline’s older residents, works with town agencies on behalf of Brookline’s seniors, provides ways for members to contribute to the community, and in general acts to make Brookline an even better place to live for people of all ages.

For additional information about Brookline Community Aging Network and to request a copy of BrooklineCAN’s informative monthly newsletter, visit <http://www.brooklineCAN.org> or call 617-730-2777.

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Join Dr. Ruth Nemzoff, author of *Don't Bite Your Tongue: How to Foster Rewarding Relationships with Your Adult Children*, to discuss these important questions.

